



Wrist Arthroscopy Techniques

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Description

In the past 5 years, wrist arthroscopy has become the third most common arthroscopic procedure, behind knee and shoulder. The method has evolved significantly over the past decade, providing a better understanding of disease mechanisms and applications. Authored by a renowned expert in the field of hand and wrist surgery, this second edition of *Wrist Arthroscopy Techniques* is a step-by-step, anatomically illustrated manual encompassing the latest concepts in the field, now greatly enhanced by 200 short videos, accompanying each illustration in the book.

Starting with an introduction about instrumentation and techniques, readers will gain insight into how an arthroscope enables precise visualization and analysis of the internal structural make-up of the wrist.

Each chapter provides a how-to, detailed procedural guide—from the point of incision to closure, accompanied by artfully drawn illustrations. The author shares clinical pearls and provides comprehensive explanations on treating specific conditions, including ligament tears and instability, complex fractures, dorsal and volar wrist ganglia, advanced arthritis, and fibrocartilage tears.

Indications, risks, special precautions, and postoperative care are covered.

Special Features:

- 200 brilliant videos provide complete coverage of all procedures
- Meticulous explanation of anatomical structures
- Multiple surgical approaches included, where applicable
- Coverage of new minimally invasive arthroscopy
- Use of pyrocarbon implants, and bone and tendon grafts for reconstruction
- Analyses of postoperative range-of-motion, stability, and overall outcome

Whether you are a seasoned surgeon or an advanced fellow, Wrist Arthroscopy Techniques is certain to be consulted frequently. An invaluable and comprehensive resource tool covering the state-of-the-art arthroscopic techniques, it is a must-have for all hand and wrist surgeons and for orthopaedic and plastic surgeons and residents as well.

This book includes complimentary access to a digital copy on <https://medone.thieme.com>.

