

# Competency Chart

Q. no.	Competency	Topic	Page no.
<b>Section I: General Anatomy</b>			
<b>Chapter 1: Introduction</b>			
1.	AN1.1	Anatomical position	1
2.		Anatomical planes	1
<b>Chapter 2: Skeletal System</b>			
1.	AN2.1	Parts of a long bone	3
2.		Epiphysis:	3
		a. Types of epiphyses	4
		b. Epiphyseal cartilage	5
3.		Metaphysis	5
4.		Periosteum	5
5.		Medullary cavity	6
6.		Blood supply of a long bone	6
7.		Nerve supply of a bone	8
8.	AN2.3	Sesamoid bones:	8
		a. Features	8
		b. Rider's bone	8
9.	AN2.2	Laws of ossification	8
<b>Chapter 3: Muscular System</b>			
1.	AN3.2	Skeletal muscle:	10
		a. Parts of skeletal muscle	10
		b. Differences between tendon and aponeurosis	10
2.	AN3.3	Differences between shunt and spurt muscles	10
3.	AN7.5	Innervation of skeletal muscle:	11
		a. Principles	11
	AN7.6	b. Clinical importance	13
<b>Chapter 4: Joints</b>			
1.	AN2.5	Fibrous joints	14
2.		Cartilaginous joints	15
3.		Synovial joints—features	15
4.		Synovial joints—classification	17
5.		Bursa	17
<b>Chapter 5: Skin And Fascia</b>			
1.	AN4.1	Dermatome	21
2.	AN4.3	Superficial fascia—contents	21

## Competency Chart

Q. no.	Competency	Topic	Page no.
3.	AN4.4	Deep fascia:	21
		a. Modification	21
		b. Name deep fascia of the body	22
4.	AN4.5	Langer's lines	22
<b>Chapter 6: Cardiovascular System</b>			
1.	AN5.6	Vascular anastomosis:	23
	AN5.7	a. Definition, uses, types	23
		b. Arteriovenous anastomoses	23
2.	AN5.6	Collateral circulation	24
3.		End arteries	24
4.		Vasa vasorum	25
5.	AN5.2	Pulmonary and systemic circulation—differences	25
6.	AN5.5	Venous systems of the body	25
7.	AN5.8	Thrombosis, infarction, aneurysm	27
<b>Chapter 7: Lymphatic System</b>			
1.	AN6.3	Lymphedema	29
2.		Metastasis, invasive cancers, method of spread of tumors	29
<b>Chapter 8: Nervous System</b>			
1.	AN7.3	Neuron:	30
		a. Parts of a neuron	30
		b. Structure of a neuron	30
		c. Constituents of a nerve cell body	30
2.	AN7.3	Nuclei and ganglia—differences	31
3.	AN7.3	Structure of axon	32
4.	AN7.4	Typical spinal nerve	33
5.	AN2.6	Hilton's law	34
6.	AN7.7	Synapse—types	35
<b>Chapter 9: Cadaver Respect: Handling of Biological Tissues</b>			
1.	AN82.1	Cadaver respect	37
2.		Body donation	37
3.		Organ donation	37
4.		Handling of cadaver and biological tissues	38
<b>Section II: Upper Limb</b>			
<b>Chapter 10: Bones of the Upper Limb</b>			
1.	AN8.1–8.4	Clavicle:	39
		a. Parts, important muscle attachments, and joints formed by the clavicle	39
		b. Peculiarities of the clavicle	39

## Competency Chart

Q. no.	Competency	Topic	Page no.
2.	AN8.1, 8.2, 8.4 AN13.6	Scapula:	40
		a. Parts, important muscle attachments, and joints formed by the scapula	40
		b. Coracoid process	40
		c. Acromion process and angle	42
		d. Vertebral levels/palpable landmarks of the parts of the scapula	42
3.	AN8.1,8.2, 8.4	Humerus:	42
		a. Upper end of the humerus	42
		b. Bicipital groove	42
		c. Shaft of the humerus	42
		d. Lower end of the humerus	44
		e. Clinical importance of the humerus:	44
		• Supracondylar fracture of the humerus	44
		• Tennis elbow	44
		• Golfer's elbow	44
• Carrying angle:	44		
– Cubitus valgus	46		
– Cubitus varus	46		
4.	AN8.1,8.2, 8.4	Bones of the forearm:	46
		• Radius:	46
		– Parts, important muscle attachments, and joints formed by the radius	46
		– Dorsal tubercle of Lister	48
		– Styloid process of the radius	48
		– Clinical importance of the shaft of radius—Galeazzi fracture and dislocation	48
		– Clinical importance of lower end of radius—Colles' fracture, Smith's fracture	48
		• Ulna:	49
		– Parts, important muscle attachments, and joints formed by the ulna	49
		– Styloid process of the ulna	49
		– Clinical importance of the ulna—miner's/student's elbow, Monteggia's fracture and dislocation	49
		5.	AN8.1 AN8.5 AN8.6
a. Name the carpal bones	51		
b. Pisiform- relations, peculiarities	51		
		c. Scaphoid –fracture, avascular necrosis	51
6.	AN13.6	Jugular notch/Suprasternal space of Burns	53
7.		Sternal angle	54
8.	AN13.1	Fascia of the upper limb and the compartments:	54
		a. Fasciae of the upper limb	54
		b. Fascial compartments of the upper limb	55

## Competency Chart

Q. no.	Competency	Topic	Page no.
<b>Chapter 11: Brachial Plexus and Nerves of the Upper Limb</b>			
1.	AN10.3 AN10.5	Brachial plexus: a. Location b. Formation c. Types/variations d. Basic plan and components e. Branches f. Relations	56 56 56 56 57 58
2.	AN10.6	a. Erb's point b. Erb's palsy c. Klumpke's paralysis	58 58 59
3.	AN11.2	Long thoracic nerve: a. Root value b. Course and distribution c. Clinical importance d. Winging of the scapula—anatomical basis	60 60 61 61 61
4.	AN10.13 AN11.2	Axillary nerve and anatomical basis of injury to the axillary nerve during intramuscular injections	61
5.	AN11.2	Musculocutaneous nerve	63
6.	AN11.2 AN12.2 AN12.7	Median nerve: a. Formation and root value b. Course and relations c. Branches d. Effects of median nerve injury at various levels of its course	64 64 64 64 64
7.	AN11.2 AN11.4 AN12.2 AN12.7 AN12.13	Radial nerve: a. Formation, root value, course, relations, branches b. Saturday nights palsy c. Injury in spiral groove d. Crutch palsy e. Wrist drop	66 66 66 69 69 69
8.	AN11.2 AN12.2 AN12.7	Ulnar nerve: a. Formation and root value b. Course c. Relations and branches d. Effects of ulnar nerve injury at various levels of its course	70 70 71 71 71
9.	AN11.2 AN12.2 AN12.7 AN12.8	Claw hand—anatomical basis	71
10.	AN12.7	Cutaneous innervation of the hand	72
11.	AN13.2	Dermatomes of the upper limb	72

Q. no.	Competency	Topic	Page no.
<b>Chapter 12: Arteries of the Upper Limb</b>			
1.	AN10.2	Axillary artery:	75
		a. Origin, course, and relations	75
		b. Parts	76
		c. Branches	76
2.	AN10.9	Arterial anastomosis around the scapula	77
3.	AN12.2 AN13.7	Brachial artery	77
4.	AN11.6	Arterial anastomosis around the elbow joint	80
5.	AN12.2 AN13.7	Arteries of the forearm:	81
		a. Course of radial and ulnar arteries in the forearm	81
		b. Surface marking and palpation of radial artery in the forearm	82
6.	AN12.7	Superficial palmar arch	82
7.		Deep palmar arch	83
<b>Chapter 13: Venous Drainage and Veins of the Upper Limb</b>			
1.	AN13.1	Venous drainage of the upper limb	85
2.	AN13.7 AN11.3	Veins of the upper limb—short notes:	86
		a. Cephalic vein	86
		b. Basilic vein	87
		c. Median cubital vein	87
3.	AN10.2	Axillary vein and its tributaries	88
<b>Chapter 14: Lymphatic Drainage and Lymph Nodes of the Upper Limb</b>			
1.	AN13.1 AN10.4	Lymphatic drainage of the upper limb	90
2.	AN10.4 AN10.7	Axillary lymph nodes	91
<b>Chapter 15: Joints of the Upper Limb</b>			
1.	AN10.12	Shoulder joint	94
2.	AN13.4	Sternoclavicular joint	99
3.		Acromioclavicular joint	101
4.	AN13.3	Elbow joint	103
5.		Radioulnar joints	104
6.		Pronation and supination movements	106
7.		Wrist joint	108
8.		Carpometacarpal joint of the thumb	110
9.	AN13.3	Difference between carpometacarpal joint of the thumb and that of the other fingers	112
10.	AN13.4	Metacarpophalangeal joints	112

## Competency Chart

Q. no.	Competency	Topic	Page no.
<b>Chapter 16: Pectoral Region and Mammary Gland</b>			
1.	AN9.1	Pectoralis major muscle	114
2.		Pectoralis minor muscle	115
3.	AN13.1	Clavipectoral fascia	116
4.	AN9.2	Mammary gland:	117
	AN9.3	a. Location, relations, parts, structure, blood supply, and lymphatic drainage and applied anatomy	117
		b. Microscopic structure	120
		c. Development and the developmental anomalies	124
		d. Age-related changes	125
<b>Chapter 17: Axilla, Shoulder, and Scapular Region</b>			
1.	AN10.1	Axilla:	126
		a. Boundaries and contents	126
		b. Cervico-axillary canal	126
		c. Thoracic outlet syndrome	128
2.	AN10.8 AN13.7	Trapezius muscle	128
3.	AN10.8 AN13.7	Latissimus dorsi muscle	129
4.	AN10.10 AN13.7	Deltoid muscle	129
5.	AN10.10	Rotator cuff muscles	129
6.	AN10.11 AN13.7	Serratus anterior muscle:	134
		a. Serratus anterior	134
		b. Winging of the scapula	135
7.	AN10.9	Movements of the scapula	135
8.		Intermuscular spaces of the arm:	135
		a. Intermuscular spaces in the scapula region or in the arm	136
		b. Triangle auscultation	137
		c. Lumbar triangle of Petit	138
<b>Chapter 18: Arm and Cubital Fossa</b>			
1.	AN11.1	Muscle groups of the upper arm	139
2.	AN11.1 AN13.7	Biceps brachii muscle	139
3.	AN11.1	Triceps muscle	139
4.		Events taking place at the insertion of the coracobrachialis	141
5.	AN11.2 AN11.4	Clinical importance of the nerves related to the humerus	141
6.		Cubital fossa	141

Q. no.	Competency	Topic	Page no.
<b>Chapter 19: Forearm and Hand</b>			
1.	AN12.1 AN13.7	Superficial and deep flexors of forearm: a. Superficial flexors b. Deep flexors c. Testing the brachioradialis muscle	144 144 144 145
2.	AN13.1	a. Palmar aponeurosis b. Dupuytren's contracture	145
3.	AN12.3 AN12.4	a. Flexor retinaculum of the wrist b. Carpal tunnel and carpal tunnel syndrome c. Structures transmitted through carpal tunnel d. Guyon's canal	149 150 151 151
4.	AN12.5 AN12.6	a. Intrinsic muscles of the hand b. Thenar muscles c. Ape thumb deformity d. Hypothenar muscles e. Adductor pollicis f. Lumbricals g. Interossei h. LOAF muscles i. Vincula	151 152 152 153 154 154 154 154 154 154
5.	AN12.9	Radial and ulnar bursae	157
6.	AN12.10	a. Fascial spaces of the hand b. Fascial spaces in the palm: • Adductor space • Web spaces • Pulp space of the fingers • Forearm space—Parona's retroflexor space	157 158 158 158 158 161
7.	AN12.11	Muscles of the extensor compartment of the forearm	161
8.	AN12.14	Extensor retinaculum at the wrist	161
9.	AN12.15	Extensor expansion of the digits	165
10.		Anatomical snuff box	165
11.	AN13.8	Development of the upper limb	166
12.		Axis artery of the upper limb	168
<b>Section III: Thorax</b>			
<b>Chapter 20: Thoracic Cage (Gross Anatomy and Developmental Anatomy)</b>			
1.	AN21.1 AN21.2	Ribs: a. Classification b. Typical rib, development of rib c. First rib d. 2nd rib, 10th–12th ribs e. Cervical rib	169 169 169 171 171 171

## Competency Chart

Q. no.	Competency	Topic	Page no.
2.		Thoracic vertebrae:	172
		a. Typical thoracic vertebra,	173
		b. Development of vertebra	175
		c. 1st, 11th, and 12th thoracic vertebrae	176
3.	AN21.1	Sternum:	176
		a. Parts, development	176
		b. Sternal angle	176
		c. Sternal puncture	179
4.	AN21.8 AN21.10	Joints of thoracic cage:	179
		a. Intervertebral joints	179
		b. Costovertebral system of joints	179
		c. Sternal joints	179
		d. Costo-sternal system of joints	179
5.	AN21.3	Thoracic inlet:	179
		a. Thoracic inlet	179
		b. Suprapleural membrane	182
6.	AN.21.4- 21.6	Typical intercostal space:	182
		a. Boundaries and contents	183
		b. Intercostal muscles	184
		c. Intercostal nerves	184
		d. Typical intercostal nerve	185
		e. Anatomical basis of intercostal nerve block	186
		f. Atypical intercostal nerves	186
		g. Intercostal vessels	187
		h. Internal thoracic artery/Internal mammary artery	187
		i. Superior intercostal artery	188
		j. Subcostal arteries	188
7.	AN21.9	Movements of thoracic cage:	188
		a. Mechanism of respiration	188
		b. Muscles acting in different types of respiration	191
<b>Chapter 21A: Mediastinum and Pericardium (Gross Anatomy and Developmental Anatomy)</b>			
1.	AN21.11	Mediastinum—boundaries and subdivisions	192
2.		Superior mediastinum	195
3.		Anterior mediastinum	196
4.		Middle mediastinum	196
5.		Posterior mediastinum	196
6.	AN22.1	Pericardium	197
7.		Sinuses of pericardium	201
<b>Chapter 21B: Heart and Development</b>			
1.	AN22.2 AN25.7 AN25.9	Heart—external features	203



## Competency Chart

Q. no.	Competency	Topic	Page no.
2.	AN22.2 AN25.2	Right atrium	208
3.	AN25.4	Interatrial septum	210
4.	AN22.2	Right ventricle	211
5.	AN25.2	Left atrium	212
6.		Left ventricle	213
7.	AN25.4	Interventricular septum	214
8.	AN22.2 AN25.9	Atrioventricular and semilunar valves of the heart	216
9.	AN22.6	Fibrous skeleton of the heart	216
10.	AN22.3 AN22.4 AN22.5 AN25.6	Blood supply of the heart: a. Arterial supply—coronary arteries and coronary dominance b. Ischemic heart disease c. Coronary artery bypass surgery d. Coronary angioplasty e. Venous drainage of heart/Coronary sinus	219 219 219 221 222 222
11.	AN22.7	Conducting system of the heart	222
12.	AN22.1	Cardiac plexus	225
13.	AN25.4	Fallot's tetralogy	225
14.	AN25.3	Fetal circulation	226
15.		Changes in circulation occurring at birth	227
16.	AN25.5	Dextrocardia	229
<b>Chapter 22: Pleura, Trachea, Bronchopulmonary Segments, and Lungs (Gross Anatomy, Developmental Anatomy, and Microscopic Anatomy)</b>			
1.	AN24.1 AN25.2	Pleura: a. Pleura b. Lines of pleural reflection—surface marking c. Pleural recesses	230 230 235 236
2.	AN24.3 AN24.6 AN25.1 AN25.4	Trachea and bronchopulmonary segments: a. Trachea b. Microscopic structure of trachea c. Development of trachea d. Bronchopulmonary segments	238 238 241 241 243
3.	AN24.2 AN24.5 AN25.1 AN25.2 AN25.9	Lungs: a. External features of the lungs b. Short notes on: – Lobes and fissures of lungs – Mediastinal surface of lungs – Root of the lung – Hilum of the lung – Microscopic structure of the lung – Development of the lung	245 245 245 247 248 248 249 249 250

## Competency Chart

Q. no.	Competency	Topic	Page no.
<b>Chapter 23: Blood Vessels</b>			
1.	AN23.4	Aortic arch	252
2.	AN25.5	Coarctation of aorta	254
3.		Patent ductus arteriosus	254
4.	AN25.6	Development of aortic arch arteries	255
5.	AN25.5	Transposition of great vessels	255
6.	AN23.4	Descending thoracic aorta	256
7.	AN25.6	Superior vena cava	257
8.	AN23.3	Azygos system of veins	259
<b>Chapter 24: Other Structures (Gross Anatomy and Developmental Anatomy)</b>			
1.	AN23.2	Thoracic duct and lymphatic ducts:	263
	AN23.7	a. Thoracic duct	263
		b. Right lymphatic duct	266
2.		Esophagus	267
3.	AN25.4	Tracheoesophageal fistula	273
4.	AN25.8	Achalasia cardia	273
5.		Barium swallow in the diagnosis of esophageal disorders	273
6.	AN24.4	Phrenic nerves:	274
		a. Phrenic nerve	274
		b. Diaphragmatic paralysis—anatomical basis	275
7.	AN23.5	Thoracic sympathetic chain	276
8.	AN23.6	Splanchnic nerves	277
<b>Section IV: General Histology</b>			
<b>Chapter 25: Epithelial Tissue</b>			
1.	AN65.1	Epithelia classification	279
2.	AN65.1	Simple epithelia	279
3.		Stratified epithelia:	279
		a. Classification	282
		b. Transitional epithelium	282
		c. Pseudostratified epithelium	282
4.	AN65.1, AN65.2	Surface modifications of epithelia:	283
		a. Specializations at the surface of epithelia	283
		b. Basement membrane	283
		c. Junctional complexes	284
		d. Differences between cilia, microvilli, and flagella	284
e. Ultrastructure of cilium	285		

Q. no.	Competency	Topic	Page no.
5.	AN65.2	Cell:	287
		a. Structural components of a cell	287
		b. Ultrastructure of cell membrane	287
		c. Nucleus of a cell	288
		d. Endoplasmic reticulum	290
		e. Golgi apparatus	290
		f. Mitochondria	291
		g. Lysosomes	291
<b>Chapter 26: Connective Tissue, Cartilage, and Bone</b>			
1.	AN66.1, AN66.2	Components of connective tissue	293
2.	AN66.1	Different types of connective tissue	294
3.	AN71.2	Cartilage	294
4.	AN71.1, AN1.2	Bone:	301
		a. Composition of bone	301
		b. Bone marrow	06
		c. Different types of bone	302
		d. Transverse section of compact bone	302
		e. Longitudinal section of compact bone	302
		f. Structural systems of compact bone	302
		g. Differences between compact and cancellous bone	303
<b>Chapter 27: Muscular Tissue</b>			
1.	AN3.1, AN67.1, AN67.2	Classification of muscle tissue	304
2.	AN3.1	Histological picture of skeletal muscle, cardiac muscle, and smooth muscle	305
3.	AN67.1, AN67.2	Structure and function correlation between the three types of muscle tissue	305
4.	AN67.3	Ultramicroscopic structure of skeletal muscle	305
<b>Chapter 28: Nervous Tissue</b>			
1	AN7.1	Components of nervous system	309
2	AN7.2	Components of nervous tissue	309
3	AN68.1, AN68.2	Structure–function correlation of neuron	310
4	AN7.3	Classification of neurons	310
5	AN7.3	Microscopic structure of various neurons	311
6	AN7.2, AN68.1	Microscopic structure of peripheral nerve	311
7	AN7.2, AN68.3	Neuroglia	312
8	AN7.8, AN68.1	Differences between dorsal root and sympathetic ganglia	312

## Competency Chart

Q. no.	Competency	Topic	Page no.
<b>Chapter 29: Blood Vessels</b>			
1.	AN5.1	Differences between blood vascular and lymphatic system	315
2.	AN69.2 AN69.3	Microscopic structure of blood vessels in general	315
3.	AN5.3	Differences between arteries and veins	316
4.	AN5.4 AN69.1–69.3	Classification of blood vessels and correlation with function	316
5.	AN5.4 AN69.1–69.3	Microscopic structure of blood vessels and functional correlation	316
6.	AN5.4 AN69.1–69.3	Microscopic structure of a. Elastic artery b. Muscular artery c. Large vein d. Arteriole	316 318 318 319 319
7.	AN5.7 AN69.3	Capillaries	316
8.	AN5.7 AN69.3	Meta-arterioles, pre-capillary sphincters	320
<b>Chapter 30: Glands and Lymphoid Tissue</b>			
1.	AN70.1	Classification of exocrine glands	322
2.	AN70.1	Histological features of serous acini, mucous acini, and mixed acini	322
3.	AN70.2	Histological features of a. Lymph node b. Spleen c. Thymus d. Palatine tonsil	324 324 325 326 327
<b>Chapter 31: Integumentary System</b>			
1.	AN72.1	Layers of skin and appendages	328
2.		Layers of epidermis	328
3.		Differences between thick skin and thin skin	329
4.		Diagram of thick skin	330
5.		Diagram of thin skin	330